

QUIKTHIK®

For swallowing assistance



EASY MIX LUMP FREE QuikThik food and fluid thickener mixes instantly leaving no lumps by hand with a spoon or by blending. It is ideal for the regular preparation of small or bulk quantities.



TASTE FREE With no flavour or smell, QuikThik will not alter the taste of foods and fluids it is added to ensuring continued enjoyment of favourite foods and drinks and maximised hydration.



FAST ACTING QuikThik can be used to thicken all types of foods & fluids including water, juice, cordials, tea, coffee, Movicol, milk based products, alcohol, soups and pureed foods and begins thickening immediately.



Easy to mix with a teaspoon

- ✓ Thickens hot or cold foods & fluids easily
- ✓ No Lumps, No Taste, No Smell
- ✓ A proven product for 20 years
- ✓ Used & recommended by hospitals & nursing homes

NUTRITION INFORMATION Serving Size 3g

	Ave Qty per serve	Ave Qty per 100g
Energy	42.3kj (10.25 cal)	1410kJ (338 cal)
Protein	0.03g	1.1g
Fat, Total	0.0g	0.2g
Saturated	0.0g	0.2g
Carbohydrate	2.2g	74.8g
Sugars	1.12g	37.4g
Sodium	22.8mg	760mg
Dietary Fibre	0.4g	14.4mg

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